




hosa future
health
professionals
UW CHAPTER



Welcome to the 2nd
Annual Washington
State Symposium &
Competition

March 22nd, 2014

Introduction

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“If your actions create a legacy that inspires others to dream more, learn more, do more and become more, then, you are an excellent leader.”
– Dolly Parton

“Leaders aren’t born they are made. And they are made just like anything else, through hard work. And that’s the price we’ll have to pay to achieve that goal, or any goal.” –
Vince Lombardi



HOSA Leadership - Overview

Leadership Explained

- o Group dynamics
- o What is leadership?
- o What does leadership look like?
- o Why lead?

Group Dynamics

- o Developing interpersonal relationships is crucial to the success of a chapter
- o First step to doing so is making sure everyone knows their role as part of the team
 - o Good communication is essential
 - o What is expected of each individual?

Group Dynamics

- o Beneficial to the whole team
 - o Security
 - o New Experience
 - o Recognition of the group
 - o Shared response
- o Many students do not realize their potential until they are part of a group
- o HOSA groups improve students' ability to believe in themselves

What is Leadership?

- o A learned behavior that can be improved by study and application
- o Anyone can do it!
- o HOSA members have the best opportunities to become leaders
- o Essential for school, community, and occupation
 - o Leadership helps us prepare to take a place in society as a useful, productive, well-adjusted citizen

Qualities of Effective Leaders

- o Understands the principles of democracy
- o Respects and trusts others
- o Realizes that every person can make a contribution
- o Understands himself/herself and has confidence
- o Accepts responsibilities
- o Is optimistic, open-minded, straightforward, and friendly
- o Praises individuals when praise is due
- o Is sensitive to basic trends and moods of the group



Qualities of Effective Leaders

- Works for the group and realizes groups can solve problems
- Does not claim to have all the answers
- Supports the ideas of others if it is best for the group or situation
- Will take a stand and be counted
- Shows initiative in getting a group started
- Plans carefully to initiate action



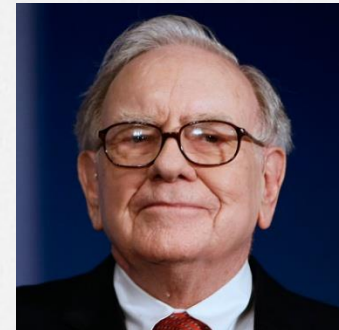
Steps to Becoming a Good Leader

- o The best way to learn leadership is to experience it
- o Steps to help develop leadership:
 - o Study the qualities of recognized, good leaders.
 - o Study oneself, identifying own weak and strong points
 - o Develop oneself as a good follower and learn to obey as well as command.
 - o Learn about groups in general

Remember leadership is a function, something to do, not merely a group of personality traits.

Why lead?

- o Learn about oneself, personality through leading others
- o Become more mature and dependable
- o Have the skill and experience necessary to succeed in future endeavors
- o It's fun!



HOSA Leadership Opportunities

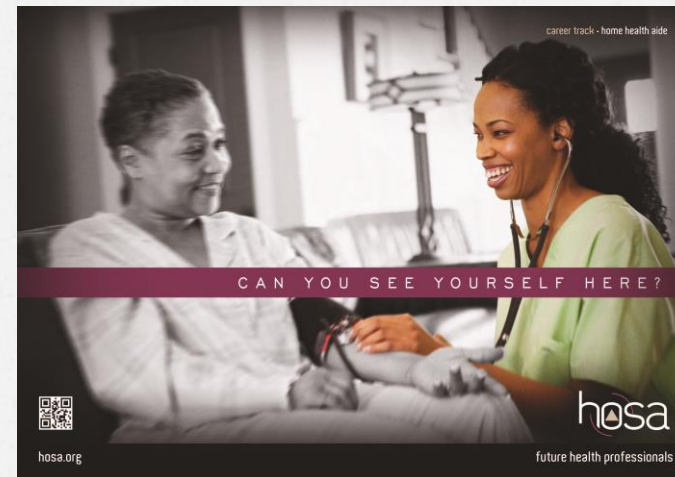
- o Helping to develop a program of activities/Program of Work
- o Helping to prepare a Chapter budget
- o Attending an awards banquet with guests
- o Cooperating with others
- o Promoting scholarship
- o Working on a group earning project
- o Participating in judging a competitive event

HOSA Leadership Opportunities

- o Becoming a state officer
- o Being a state delegate
- o Earning a state award
- o Becoming a Chapter officer
- o Attending officer training sessions
- o Being an active member of a committee
- o Being a committee chairman
- o Presenting a speech for a community organization, competition

The Time is Now

- o Everyone can do it
- o We are future health professionals, future leaders!
- o It is time to show the world what we can do



Contact Us

- o Email us with questions
 - o hosafhp@uw.edu
- o Like our Facebook page
 - o www.facebook.com/hosauw
- o Visit our website
 - o <http://hosauw.weebly.com>



References

HOSA Handbook, Section C. www.hosa.org



Questions?